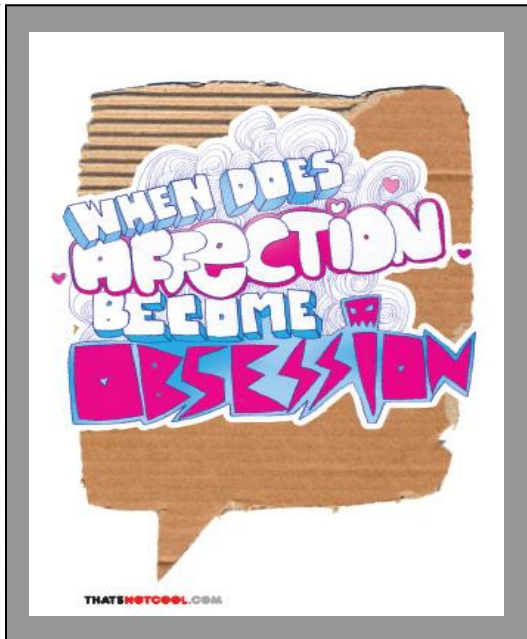


Do you sometimes wonder if the things happening in your relationship are normal? Does the way your boyfriend or girlfriend treats you bother you? These are some questions that may help you decide if your relationship is healthy or not.

Healthy Relationships Quiz



If you answered yes to *at least one* of these questions, or if you have your own questions about dating violence or healthy relationships

Call the Family Guidance Center
828-322-1400
Nights/Weekends Crisis Line
828-228-1787



Do you:

- Ever feel **guilty** about having your own friends and own interests?
- Often feel **pressured** to spend time with your boyfriend/girlfriend when you'd rather do something else?
- Keep opinions or concerns **to yourself** to make things easier?
- Change your behavior** to avoid fighting with your boyfriend/girlfriend?
- Feel **overwhelmed** by constant texts, instant messages, and emails from your boyfriend/girlfriend?

Does your boyfriend/girlfriend:

- Get **jealous** when you talk to friends of the opposite sex?
- Complain** about or try to control what you wear?
- Call or text you **excessively**?
- Push you, hit you** to do things you aren't sure you want to (like sex, drugs)?