

CONTACT THE  
FAMILY GUIDANCE  
CENTER AT  
828-322-1400

#17 Hwy 70 SE  
HICKORY, NC 28602



o October | o 2011

# Spotlight On Domestic Violence

First Step Newsletter  
A Program of  
The Family Guidance Center

WWW.FGCSERVICES.COM



THE MISSION OF FAMILY GUIDANCE CENTER'S FIRST STEP DOMESTIC VIOLENCE PROGRAM IS TO PROVIDE NEEDED SERVICES TO VICTIMS OF DOMESTIC VIOLENCE AND TO INCREASE COMMUNITY'S AWARENESS ABOUT THE PROBLEM.

## OCTOBER DOMESTIC VIOLENCE AWARENESS MONTH

One Light  
One Voice  
One Hope  
Together  
We  
Can Stop  
Domestic Violence

### First Step Domestic Violence Program

and

### Family Guidance Center

Cordially invite you and your guest  
to our annual

### Dinner and Candlelight Vigil

*In Observance of  
Domestic Violence Awareness Month*

Guest Speaker

**Michelle Major**

A Survivor

Thursday, October 27th, 2011  
at 6:00pm

First Baptist Church of Hickory  
339 2nd Ave. N.W., Hickory NC

RSVP by 10/24  
828-322-1400

### Former County Resident Killed by Boyfriend

We mourn the loss of Keisha Short, age 25, who was recently killed in Florida by her boyfriend. She was a daughter and a mother. Her death underscores the fact that domestic violence is deadly. It's because of victims, like Keisha, that we observe domestic violence month.



*As a community during this month, let us together rededicate ourselves to breaking the cycle of domestic violence. By providing young people with education about healthy relationships, and by changing attitudes that support violence, we recognize that domestic violence can be prevented. We urge the community leaders to raise awareness and bring attention to this quiet crisis in the workplace, schools, public places, and within the borders of our homes. Together, we must ensure that no victim of domestic violence ever struggles alone.*



Contact Liz Eller for a free educational presentation on domestic violence 828-322-1400 or [ljordan@fgcservices.com](mailto:ljordan@fgcservices.com)

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**OCTOBER AWARENESS ACTIVITIES**

# Awareness Events During October

## October Awareness Activities

"While we work all year to keep attention focused on the problem of domestic violence, we observe the month with several special activities", says Ruth Phelps, Program Coordinator.



### October Events:

**Cookies for Cops**– First Step staff and volunteers are baking cookies to salute our county's law enforcement officers for their support.

**October 12th**– Domestic violence Community Educator, Liz Eller, will be on WHKY 1290 AM at 8am.

**October 26th**– First Step will be involved with CVCC in hosting a Domestic Violence Roundtable at 12 noon to 1pm in the Multipurpose Building.

**October 27th**- Domestic Violence Dinner and Vigil at 1st Baptist Church, Hickory at 6pm. The public is invited.

Presentations will be provided to faith groups throughout the month



Sign outside of the Family Guidance Center, acknowledging October as Domestic Violence Awareness Month

This year, 54 victims have been killed by domestic violence in North Carolina. For a list of names and dates, please visit the North Carolina Coalition against Domestic Violence at <http://nccadv.mrgdesign.com/homicides.htm>

**This month we honor and remember lives taken by domestic violence!**

## Honor Lives Lost to Domestic Violence

Last year, 74 victims were killed by domestic violence in North Carolina.

## 5 Easy Ways to Bring Awareness and Prevention to Domestic Violence

1. Talk to people around you about domestic violence. Invite the First Step Community Educator, Liz Eller, to speak about domestic violence for free. Call 828-322-1400
2. Distribute and wear purple ribbons at your place of work and social events to raise awareness about domestic violence.
3. Have a food, clothing, and/or cell phone drive to support victims at the *Shelter for Battered Women*
4. Donate money to help support the First Step Domestic Violence Program at <http://fgcservices.com/support.html>
5. Participate in Family Guidance Center's upcoming events (listed to the left) to bring awareness to domestic violence in Catawba County. 828-322-1400



# Domestic Violence Awareness Month



Be looking for First Step's change jars in the community for the month of October to bring awareness and receive support for victims.

**Give Change, And Change A Victim's Life Forever!**



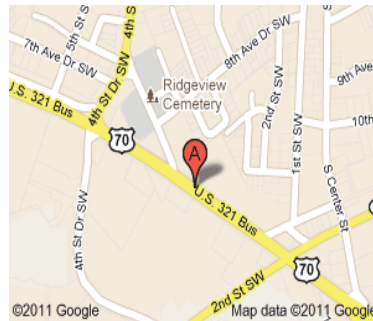
## The Purple Ribbon Thrift Store



This October stop by The Purple Ribbon to shop and stop domestic violence. Proceeds go to victims escaping abuse.

The Purple Ribbon Thrift Store has many discounted items such as furniture, clothing, household items, and home décor.

Check out more pictures and weekly updates and specials on The Purple Ribbon Thrift Store Facebook Page! **SHOP TO STOP DOMESTIC**



**VIOLENCE.** Location is across from the Catawba Furniture Mall on 70 S.E., Hickory; 828-322-3423

## Shredding Event

ID Theft is on the rise. Thieves are coming up with new and inventive ways to steal your confidential information.



Monday, October 17th, 5pm-6pm the Consumer Credit Counseling Services at the Family Guidance Center want you to bring your unwanted confidential documents to the **FAMILY GUIDANCE CENTER** 17 Hwy. 70, S.E, Hickory. Have your documents destroyed by a professional shredding company.



## Pampered Chef, Helping Victims

October is DV month. A great way to help support and raise money for Family Guidance Center's First Step Domestic Violence Program is by hosting a fundraiser show. Host special, as a thank you, is **STONEWARE!** The host gets a choice up to three pieces of stoneware and save 60%.



Call or email Sara Ann today @ 828-328-2985 or [sap1973@aol.com](mailto:sap1973@aol.com). You can also visit her website at [www.pamperedchef.biz/saicard](http://www.pamperedchef.biz/saicard)



Pampered Chef products make great gifts; shop now for the holidays and give someone a gift, and it can also help support the Battered Women's Shelter.

The fundraiser will run from October 1 through November 1. Contact Sara Ann Icard at 828-328-2985 or visit her website at [www.pamperedchef.biz/saicard](http://www.pamperedchef.biz/saicard) to place an order today!

If you or someone you know is abused call

## FIRST STEP Domestic Violence Program



**828-322-1400**

**Crisis Line:  
828-228-1787**



**17 Hwy. 70  
Hickory NC 28602**

[www.fgcservices.com](http://www.fgcservices.com)

